

Remembering With Love

When you lose something you feel sad.
You feel sad when you lose your favorite toy.
You feel sad when your friend moves away.
You feel sad when someone you loved dies.

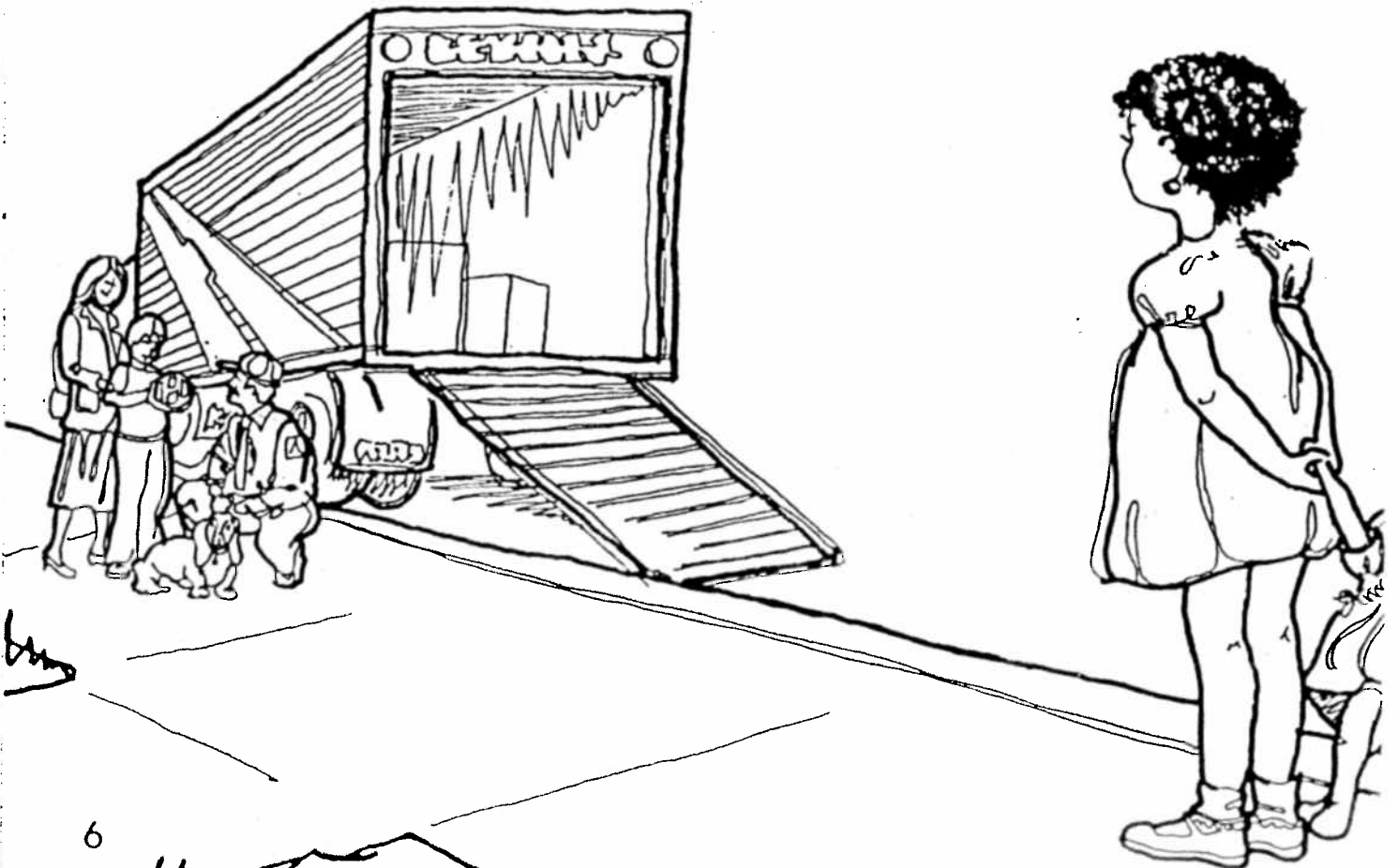


Draw a picture of someone looking sad.

You say goodbye when a friend moves away.
When someone you love dies, you also need to say
goodbye.

Going to a funeral is one way of saying goodbye.
At a funeral, friends and family come together.
They say prayers and remember the person who
died. At the cemetery, the body is buried under
the earth.

It is hard to say goodbye.



Draw a picture of someone saying goodbye.

Tell a story about the picture you drew.

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing.

When someone dies, you have lots of different feelings.

Sometimes you feel sad.

Sometimes you feel angry.

You might want to cry.

It's okay to cry. It's okay to have feelings.



Draw a picture of someone looking angry.

No one has all the answers about death—not your teachers, not your parents, not your friends. Death is hard to understand. When someone dies people wonder, “Why did it happen?” “What did it feel like?” “What happens to the body?” It is okay to have questions.



What questions do you have about death?

Handwriting practice lines consisting of solid top and bottom lines with a dashed midline. There are 10 sets of these lines on the page.

You can talk about your feelings.
You can ask your questions.
You can also talk about the person who died.
Try to remember the happy times you had together.



You might want to fill in the blanks.

I remember the death of,

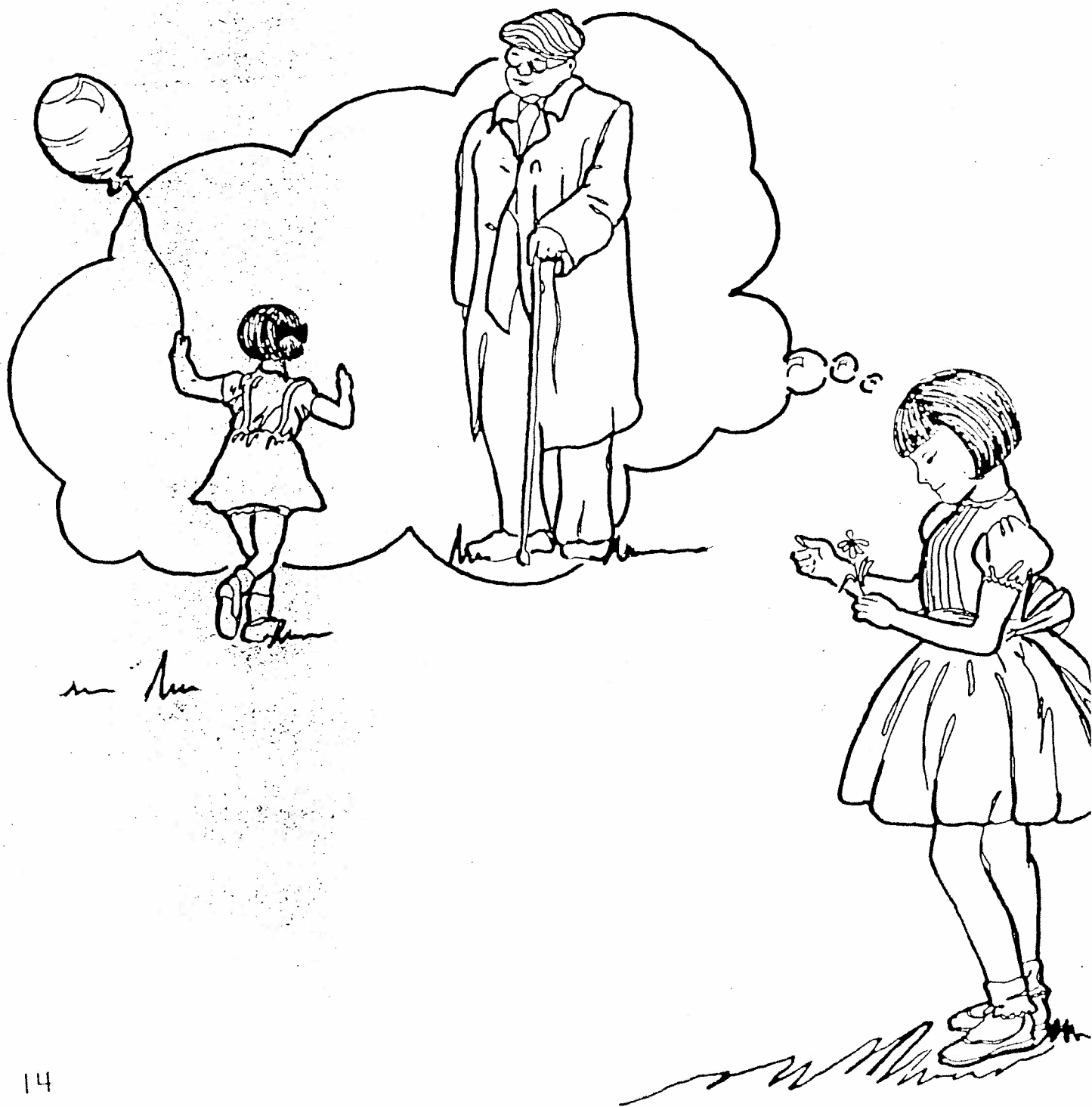
who died when I was _____ years old.

What I remember most about him/her was

The thing I liked best about him/her was

He/she liked me because

You are sad when someone dies. But, you'll always remember the happy times you had together.



Draw a picture of a happy time you had with someone you love.